



WHEATFIELDS Primary School

Wheatfields Primary School
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Dear Parents and Carers,
'Good to be me'

The theme for this half term's work on developing children's social, emotional and behavioural skills will be **'Good to be me'**. We will be exploring how children can motivate themselves in their learning and across the school.

This theme will start with an assembly and be followed up in class.

Year 1

Children will be taught:

- To recognise, name and deal with feelings in a positive way;
- To think about themselves, learn from their experiences and recognise what they are good at;
- How to set a simple goal;
- To contribute to the life of the class and school;
- To listen to other people and work and play cooperatively;
- To identify and respect the differences and similarities between people;
- To consider social and moral dilemmas that they come across in everyday life.

Year 2

Children will be taught:

- To recognise, name and deal with feelings in a positive way;
- To think about themselves, learn from their experiences and recognise what they are good at;
- About the process of growing from young to old and how people's needs change.

Year 1 / Year 2 Key vocabulary (to be introduced within the theme and across the curriculum)

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|------------|-----------------|---------|
| relax | problem solving | worried |
| Relaxed | tense | proud |
| Relaxation | anxious | |

We would be grateful if parents could reinforce vocabulary, used in school, at home.

If you need to discuss any of this further please come and talk to your child's class teacher.

Thank you for your continued support.

Year 1 and 2 teams

